

# CROCK-POT BUFFALO HEART

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From the Great American Bison Cookbook | Published by the National Bison Association

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## INGREDIENTS

1 buffalo heart, sliced

1 package. stove top dressing

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## DIRECTIONS

To prepare the buffalo heart for cooking, cut away all the fat, connective tissue, valves, etc. It will be obvious by sight what's good to eat and what's not. You want clean dense muscle only.

Cut the heart into slices. Prepare dressing according to instruction.

In crock-pot, place layers of dressing and sliced heart. Season to taste.

Cook 6 hours on low.